New Life Christian Fellowship Poverty, pain, betrayal, loss, suffering. Life is hard. If you think life's rubbish and then you die, then this is a message of HOPE for you.

You are not alone.

## Here is a a psalm of David, written at a time he pretended to be insane in front of Abimelech, who sent him away:

"The LORD hears his people when they call to him for help. He rescues them from all their troubles. The LORD is close to the broken hearted; he rescues those whose spirits are crushed.

The righteous person faces many troubles, but the LORD comes to the rescue each time. For the LORD protects the bones of the righteous; not one of them is broken!" Psalm 34: 17-20, The Bible.

God made you for a reason. He loves you, and no matter what your past or present, God wants to be involved in your future.

You may think: 'talk is cheap; it's easy to say encouraging words.' If you feel lost, lonely, hopeless, abandoned, talk to the one who paid the high price of love, Jesus. He can give you hope today.

New Life Christian Fellowship Kilgetty Community Centre, 10.45am Sundays, all welcome. Call 01834 831533/07827293781 if you want to talk or would like us to pray.